

# Mododom

**Film-Coated Tablets and Oral Suspension (Sugar-Free, Alcohol-Free)**  
**For effective relief from nausea, vomiting and heavy bloated stomach**

## What is the composition of Mododom?

### Film-coated tablets

Each film-coated tablet contains:

**Active ingredient:** Domperidone (as maleate) 10 mg  
**Other ingredients:** Starch, povidone, lactose, croscarmellose sodium, microcrystalline cellulose, magnesium stearate, sodium lauryl sulphate, talc, hypromellose, polyethylene glycol and titanium dioxide.

### Oral suspension (sugar-free, alcohol-free)

Each 1 mL of the suspension contains:

**Active ingredient:** Domperidone 1 mg  
**Other ingredients:** Sorbitol, sodium saccharin, microcrystalline cellulose, carboxymethyl cellulose, methyl paraben, propyl paraben, citric acid, sodium citrate, polysorbate, fruit flavour and purified water.

## What are the available packs of Mododom?

**Mododom** film-coated tablets: Pack of 20 tablets.

**Mododom** oral suspension: Bottle of 200 mL along with a measuring cup.

## What should you know about Mododom?

The active ingredient of **Mododom** is domperidone; this is a type of medicine called dopamine antagonist, which acts as a gastric motility agent. Domperidone helps to move food faster through the oesophagus, stomach and intestines, so that it does not stay for too long in the same place or flow backwards.

## What are the uses of Mododom?

In adults, **Mododom** is used to provide an effective relief from nausea, vomiting, sense of fullness during or shortly after a meal, stomach discomfort and backflow of the stomach contents to the oesophagus.

In children, **Mododom** is used to treat nausea and vomiting.

## What is the dosage of Mododom?

**Mododom** is most effective when taken 15 to 30 minutes before the meal and, if needed, before you go to bed.

### Adults and adolescents (over 12 years and weighing 35 kg or more):

The usual dose is 10 to 20 mg (one to two tablets or 10 to 20 mL of the suspension) 3 to 4 times a day. The maximum daily dose is 80 mg (two tablets or 20 mL of the suspension 4 times a day).

**Mododom** tablets are not suitable for use in children weighing less than 35 kg.

### Babies and children:

The doctor will decide the correct dose for your child based on how much he weighs.

The usual dose is 0.25 to 0.5 mg/kg (0.25 to 0.5 mL of the suspension per kilogram of the body weight) 3 to 4 times a day. The maximum daily dose is 2.4 mg/kg but should not exceed 80 mg.

### Important notes:

- If you are still taking **Mododom** after 4 weeks, your doctor may wish to see you to check if you need to continue with the treatment.
- If you have a kidney problem, your doctor may tell you to take a lower dose or to take the medicine less often.

## What to do in case you forget to take one or more doses?

- take your medicine as soon as you remember.
- if it is almost time for your next regular dose, wait until then to take the medicine and skip the missed dose.
- Do not take two doses at one time.

## When should you avoid using Mododom?

Do not take **Mododom**, if you:

- are hypersensitive (allergic) to domperidone or any of its other ingredients.
- have severe abdominal cramps or pain or persistent black stools or blood in the stool.
- have a liver problem.
- have a disease or tumour of the pituitary gland (prolactinoma).

## What should you be aware of?

If you have a liver or kidney problem, you should tell your doctor before taking **Mododom**.

**Effects on ability to drive or use machines:** At normal doses, **Mododom** does not affect the mental alertness and hence does not affect your ability to drive or use machines. However, if you notice symptoms of drowsiness, disorientation and lack of co-ordination, do not drive or use machines.

**Pregnancy:** It is not known whether it is safe to take **Mododom** when pregnant. If you are pregnant or think you might be pregnant, ask your doctor or pharmacist for advice before taking any medicine.

**Breast-feeding:** **Mododom** can end up in breast milk in amounts that is considered too small to be harmful to the breast-fed baby. However, it should only be used during breast-feeding when the expected benefits of the treatment outweigh the potential risk to the baby. Ask your doctor or pharmacist for advice before taking any medicine.

## What to do if you are taking other medicines?

If you are taking any of the following medicines, tell your doctor or pharmacist before taking **Mododom**:

Antacids and antisecretory drugs (a time gap of at least 2 hours is recommended), opioid analgesics, antimuscarinics (anticholinergics), amantadine, bromocriptine, cabergoline, azole antifungals (e.g. ketoconazole), macrolide antibiotics (e.g. erythromycin), HIV protease inhibitors (e.g. ritonavir) and nefazodone.

## Is there any undesired effect?

**Mododom** is usually well-tolerated when taken within the recommended doses. However, like all medicines, it can have side effects.

Very rarely, mild intestinal cramps may occur - this is usually only for a short time and goes away by itself. If this is problematic, speak to your doctor or pharmacist.

Very infrequently, uncontrolled movements such as irregular eye movements, abnormal posture such as twisted neck, trembling and muscle stiffness have been observed but these disappear as soon as the medicine is stopped.

Rarely, some people develop swollen or sore breasts and/or milk flow and rarely in women menstrual periods may be irregular or stop. Breast swelling in men may rarely occur. If any of these effects happen to you, see your doctor.

Very infrequently, hives or skin rash may occur. Rarely, other allergic reactions such as itching, shortness of breath, wheezing and/or a swollen face have been seen. If you have one or more of these symptoms, stop taking the medicine and see your doctor as soon as possible.

## What to do in case of taking more dose than you should?

Ingesting an overdose may be dangerous. If you or someone else have taken an overdose, tell your doctor or go to the nearest hospital casualty department immediately.

If you have taken an overdose, you may experience sleepiness, confusion, uncontrolled movements such as irregular eye movement or abnormal posture such as twisted neck.

## How to store Mododom?

Keep out of the reach of children.

Store at a temperature of 15 - 25°C.

### THIS IS A MEDICAMENT

- Medicament is a product which affects your health, and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who sold the medicament.
- The doctor and the pharmacist are experts in medicines, their benefits and risks.
- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep all medicaments out of the reach of children.

Council of Arab Health Ministers,  
 Union of Arab Pharmacists.

Any information? Call Our Toll Free No. (971) 800-4994



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